

Session Two

Instructor: _____ Name: _____
 Class: Falls Prevention Date: _____
 Session: Session 2 Results: _____

Instructions

Instruct all students to read each question carefully and then circle or tick the correct answer.

1. What are essential post fall management principles that apply here?

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|----|--|-------------------------------|--------------------------------|
| a. | Implement appropriate strategies to address cognitive impairment | True <input type="checkbox"/> | False <input type="checkbox"/> |
| b. | Review medications if patient is taking >4 of type and hydration level | True <input type="checkbox"/> | False <input type="checkbox"/> |
| c. | Allocate special nurse to provide additional supervision of patient | True <input type="checkbox"/> | False <input type="checkbox"/> |
| d. | Modify environmental factors if they have contributed to fall incidents | True <input type="checkbox"/> | False <input type="checkbox"/> |
| e. | Organise for hip protectors and mobility aids for walking or transfer if mobility assessment indicates these aids are needed | True <input type="checkbox"/> | False <input type="checkbox"/> |

2. If a patient is identified as having a cognition problem what are some of the ways they can be managed?

- a. Consider alarms (bed and chair)
- b. Move them to a lo-lo bed.
- c. Assess for delirium – use the CAM tool
- d. Monitor and assess for any changes
- e. Liaise with family or residential care about medications, mobilisation equipment, toileting requirements etc
- f. All of the above